Considering Hysterectomy?

Learn about minimally invasive da Vinci® Surgery
The Conditions:
Chronic Pain, Heavy Bleeding, Fibroids, Endometriosis, Adenomyosis, Prolapse

Many benign (non-cancerous) conditions can affect a woman’s reproductive system, which consists of the uterus, vagina, ovaries and fallopian tubes. Most of these conditions affect the uterus, which is the hollow, fist-sized organ that holds a baby during pregnancy.

Common benign conditions include: fibroids which are growths in and/or around the uterus, endometriosis which occurs when your uterine lining grows outside the uterus, adenomyosis which occurs when your uterine lining grows into the wall of the uterus, and pelvic prolapse which is the slipping of the uterus, vagina and/or bladder.

Gynecologic conditions can cause many different symptoms, including no symptoms. Some of the more common symptoms can include: pelvic pain, heavy bleeding, irregular periods, fatigue, unusual bloating, pain during intercourse and infertility.

If your symptoms are severe, your doctor may recommend non-surgical treatments or a surgical option, such as hysterectomy (removal of the uterus). An estimated one third of all U.S. women will have a hysterectomy by age 60.¹ While this figure is lower in many other countries, it is still a common surgical procedure worldwide.²
If your doctor recommends that you have a hysterectomy, there are a few ways your uterus can be removed. Your surgeon can remove your uterus via a vaginal hysterectomy, abdominal hysterectomy or laparoscopic (minimally invasive) hysterectomy.

A vaginal hysterectomy is done through a cut in your vagina. The surgeon takes your uterus out through this incision and closes it with stitches.

With an abdominal hysterectomy, your surgeon removes your uterus through a large open incision. The incision must be large enough for your surgeon to fit his or her hands inside your body. Open surgery allows doctors to see and touch your organs.

Hysterectomy can also be performed using traditional laparoscopic surgery. This means your surgeon operates through a few small incisions in the
abdomen. The uterus is removed in this minimally invasive fashion using long-handled surgical instruments. One of the instruments is an endoscope – a narrow tube with a tiny camera at the end. The camera sends images to a video monitor in the operating room which guides your surgeon during the operation.

There is another minimally invasive surgical option for women considering hysterectomy, da Vinci Surgery.
If you plan to have a hysterectomy, ask your doctor about da Vinci Surgery. Using the da Vinci System, your surgeon makes a few small incisions - similar to traditional laparoscopy. The da Vinci System features a magnified 3D HD vision system and special instruments that bend and rotate far greater than the human wrist. da Vinci enables your doctor to operate with enhanced vision, precision, dexterity and control.

As a result of da Vinci technology, da Vinci Hysterectomy offers the following potential benefits compared to traditional open surgery:

- Less blood loss³
- Fewer complications³
- Shorter hospital stay³
- Minimal scarring

As a result of da Vinci technology, da Vinci Hysterectomy offers the following potential benefits over traditional laparoscopy:

- Less blood loss⁴
- Lower conversion rate to open surgery⁴
- Shorter hospital stay⁴,⁵
- Less need for narcotic pain medicine⁶,⁷

**Risks & Considerations Related to Hysterectomy & da Vinci Surgery:**

Injury to the ureters (ureters drain urine from the kidney into the bladder), vaginal cuff problem (replaces cervix): scar tissue in vaginal incision, infection, bacterial skin infection, pooling/clotting of blood, incision opens or separates, injury to bladder (organ that holds urine), bowel injury, vaginal shortening, problems urinating (cannot empty bladder, urgent or frequent need to urinate, leaking urine, slow or weak stream), abnormal
hole from the vagina into the urinary tract or rectum, vaginal tear or deep cut. Patients undergoing a hysterectomy who have an undiagnosed cancer may be at risk of having cancer cells spread if the uterus is cut into pieces for removal.

**Important Information for Patients**

Serious complications may occur in any surgery, including da Vinci® Surgery, up to and including death. Examples of serious or life-threatening complications, which may require prolonged and/or unexpected hospitalization and/or reoperation, include but are not limited to, one or more of the following: injury to tissues/organs, bleeding, infection and internal scarring that can cause long-lasting dysfunction/pain. Risks of surgery also include the potential for equipment failure and/or human error. Individual surgical results may vary.

Risks specific to minimally invasive surgery, including da Vinci Surgery, include but are not limited to, one or more of the following: temporary pain/nerve injury associated with positioning; temporary pain/discomfort from the use of air or gas in the procedure; a longer operation and time under anesthesia and conversion to another surgical technique. If your doctor needs to convert the surgery to another surgical technique, this could result in a longer operative time, additional time under anesthesia, additional or larger incisions and/or increased complications.

Patients who are not candidates for non-robotic minimally invasive surgery are also not candidates for da Vinci® Surgery. Patients should talk to their doctor to decide if da Vinci Surgery is right for them. Patients and doctors should review all available information on non-surgical and surgical options in order to make an informed decision. For Important Safety Information, including surgical risks, indications, and considerations and contraindications for use, please also refer to www.davincisurgery.com/safety and www.intuitivesurgical.com.
Your doctor is one of a growing number of surgeons worldwide offering da Vinci Surgery.

For more information and to find a da Vinci surgeon near you, visit: www.daVinciSurgery.com
The Enabling Technology: da Vinci Surgical System

The da Vinci Surgical System is designed to provide surgeons with enhanced capabilities, including high-definition 3D vision and a magnified view. Your doctor controls the da Vinci System, which translates his or her hand movements into smaller, more precise movements of tiny instruments inside your body.

Though it is often called a “robot,” da Vinci cannot act on its own. Surgery is performed entirely by your doctor. Together, da Vinci technology allows your doctor to perform routine and complex procedures through just a few small openings, similar to traditional laparoscopy.

The da Vinci System has been used successfully worldwide in approximately 2 million various surgical procedures to date. da Vinci - changing the experience of surgery for people around the world.